



# St Margaret's Church



*Preparing to make Mothering Sunday Posies this morning.*

## Join Us This Mothering Sunday

With Revd. Hannah Gordon

### *Mothering Sunday*

We look forward to welcoming you to  
two services.

08:45am Holy Communion  
10:15am All Ages Together



## Special Services

When we moved into two morning services, back in September, we decided that for special services, and for months when there is a fifth Sunday, that we would unite our traditions and church family with one act of worship at 10am. As Lent draws to a close we have two of these coming up: both Palm Sunday and Easter Sunday we will come together at 10am to start and end our Holy Week journey as one. I am really excited about this, and expectant for God to speak to us all in this time.

With every blessing, Hannah



**Morning Prayer**  
**09:15 am**  
**Every Tuesday and**  
**Wednesday**

**24th March 10am** Palm Sunday – Service of the Word  
**28th March 8pm** Maundy Thursday – Holy Communion  
**29th March 9.30am** Good Friday Worship for All Ages  
**31st March 10am** Easter Sunday – Praise and Worship

## Ritva Leckie

A reminder that the thanksgiving service celebrating her life which will be held at St Margaret's on Tuesday 12th March at 11am. There will also be a reception in the Orchard afterwards. It would be most helpful if you could please let Deborah know if you'd like to attend the church service and/or reception and/or crematorium. Please contact [admin@smchipstead.org](mailto:admin@smchipstead.org) or telephone 01737 552160.

## Volunteers Wanted!



Welcare in East Surrey (based at 24 Warwick Road Redhill RH1 1BU) are looking for volunteer help with reception (always sitting next to a member of staff) to welcome parents and children into the building, ensure they get to the right group or appointment, answer queries, answer the phone and direct as appropriate, undertake some light admin/computer tasks.

We are looking for a minimum of three hours daytime between Monday afternoon and Wednesday afternoon. For further information please ring 01737 780884 and ask for Kate or email [redhill@welcare.org](mailto:redhill@welcare.org).



## 'Mindfulness'

The extremely talented 'Ele Lancaster' held a joyous afternoon of mindfulness, craft, fellowship, fun, foodie treats and lots and lots of laughter on International Women's Day. The attendees were extremely lucky to be instructed in the art of 'sugarcraft' modelling which Ele herself is an expert. You can see the results, on the right, beautiful Peter Rabbit figurines. With a few simple tools, you can shape, cut and form pieces of sugar paste or fondant into intricate shapes and patterns for cake decoration. It was a real tonic and everyone left feeling blessed, having had the opportunity to unwind and relax without talking about anything in particular. Ele is very happy to run another session, so if you are interested please contact [admin@smchipstead.org](mailto:admin@smchipstead.org) and I will pass your details onto Ele.



## Contact Us

**Rev. Hannah Gordon**

01737 552157

[rector@smchipstead.org](mailto:rector@smchipstead.org)

**Admin office**

01737 552160

[admin@smchipstead.org](mailto:admin@smchipstead.org)

## Monthly Drop In Sessions with Hannah

20th February	18th June
19th March	16th July
16th April	17th September
21st May	15th October



**10am -  
11:30am**

[stmargaretschipstead.org](http://stmargaretschipstead.org)

In the parish office

Deborah is in the Parish Office every Wednesday, between 10am and 1pm. Do drop in for a chat and refreshments.

## Diary Dates



With the Messy Church Team  
St Margaret's Church 'Orchard' on  
Sunday 24th March 3-5pm



St. Margaret's Church has been here for about 1,000 years. Revd. John Wates OBE and Jon Grant will be giving a presentation outlining its history followed by a tour of the church to show how this is reflected in wood and stone. We will meet at **The Orchard at 2.30pm on Saturday 18 May**. The presentation, tea and tour will take about 2 hours. After this there is an optional visit up the Bell Tower for those with the most stamina! Attendees are invited to contribute £5 which will go towards the cost of afternoon tea and make a small contribution to church funds. If you would like to attend please book a space by contacting Deborah at [admin@smchipstead.org](mailto:admin@smchipstead.org)





## SESSION THREE RECAP

A recap of session three a link to which can be found below.

[https://www.24-7prayer.com/podcast\\_series/the-lectio-course/](https://www.24-7prayer.com/podcast_series/the-lectio-course/)

**Meditate – Hearing the Holy Spirit in our thoughts**

This week's session was set against the majestic backdrop of gnarled tree roots, which was interesting as gnarled trees with weathered bark and twisted branches often symbolise endurance and wisdom. These ancient trees bear witness to the passage of time, surviving storms and seasons. Pete was asking us to meditate upon the bible's meaning.

He used the following scripture to highlight this:

"May the words of my mouth and the meditation of my heart be pleasing to you, O LORD, my rock and my redeemer."

Psalm 19:14 NLT

Ezekiel 3:3 was handed a scroll and God told him to consume it

Jeremiah 15:16 your words were found and I ate them

Psalm 34:8 Taste and see that the Lord is good

In Matthew 4:4 / Deuteronomy 8:3 Jesus himself preached that 'man shall not live on bread alone but one very word that comes from the mouth of God

Joshua 1:8 Keep this Book of the law always on your lips; meditate on it day and night...

Some Christians worry about biblical meditation, contemplation and imagination which they may associate with Eastern religion or New Age beliefs, however the word 'meditate' just means to ponder or concentrate upon the biblical text. Haga is the Hebrew Word for Meditate, ponder or muse. Pete explained that there are three keys to biblical meditation 'Interruption, Intuition, and Imagination.'

**Interruption** – You need to slow down, take your time, the first requirement is patience, and we must stop expecting to find quick and easy solutions.

**Intuition** – explore the implications subjectivity, pay attention to any phrase that catches your attention.

**Imagination** – the cartoonist, Bill Watterson, the creator of the Calvin & Hobbes once said 'I've found that the only way I can keep writing every day, year after year, is to let my mind wander into new territories. To do that, I've had to cultivate a kind of mental playfulness!

Pete then gave a wonderful example of applying all five of our senses to the text, and used Luke 19: 28-38, the story of Jesus riding into Jerusalem on a donkey as an example. He asked. "what am I seeing here, what I am hearing, tasting, smelling, and feeling?" He started to visualise blue sky, a fly buzzing around donkeys head, the roar of the crowd and the silent thud of the donkey's hooves. An overly familiar story which came alive for me.

Pete's special guest this week was, Dr Mara Klemich, Consulting Psychologist and Forensic Neuropsychologist from Australia, who advises hospitals and courts. Dr Mara spoke about the part of the brain called the limbic system which she described as the repository for memories, emotions, empathy, imagination. Language is metaphor in symbolism. Jesus used metaphors and symbolism in his parables. Language and logic is another part of the brain and the two work together. Logical aspects of applying emotion to the text, these two parts of the brain are not mutually exclusive and they live and work together (Dr Mara put her hands together as imagery). We should ask God as we read the scripture "What do you want me to hear? What's it like for me Lord?"

# Lent

**Watch and Pray: Sign up for daily emails here**

<https://www.churchofengland.org/fai-th-calling/what-we-believe/lent-holy-week-and-easter/watch-and-pray-lent-reflections>

Or download the App for iOS or Android from the usual places!

Reminder week four of the Lectio Course of the Lectio Course with  
Rev. Hannah Gordon this week in the Orchard from 5pm to 6.30pm